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STEVE GOETZ
METRO'S
REPORTER IN
CLEVELAND
metroNEWS

Your essential daily news | TUESDAY, JULY 19, 2016

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MORE BACON

Maple Leaf processing plant
to expand metroNEWS



THINKSTOCK

Province nixes city's growth fees plan

POLITICS

Consultant's report due out in August



Stephanie Taylor
Metro | Winnipeg

If the City of Winnipeg decides to introduce growth fees in its 2017 budget and the Pallister government has anything to say about it, the answer will be no.

The response comes as Hemson Consulting Ltd. prepares a report comparing the city's growth-related costs to its revenues in order to see

if growth pays for growth in our municipality — something Mayor Brian Bowman believes it does not.

It seems, however, there is no appetite on Broadway to grant the city permission to usher in any such changes.

"We will not be implementing any legislation to raise taxes on Manitobans,"

a spokesperson for Eileen Clarke, minister of Indigenous and Municipal Relations, said in an email to Metro on Monday.

But an email statement from the office of the mayor indicates there may be ways to side step requesting provincial approval and changing The City of Winnipeg Charter.

"It is the position of the public service that legislative changes are not required within the various options to be considered by the consultant," the statement reads.

"Among the options to be considered, we do believe we are able to proceed without legislative changes, and we are not asking the province

to make legislative changes."

Coun. Janice Lukes, chair of the public works committee believes the upcoming discussion around growth fees could be a "defining moment" for our city.

"We've got a massive, massive infrastructure deficit, and we have to get a handle on how we grow this city," she said.



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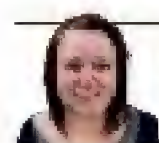
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Catch 'em all ... or get someone else to do it

GAMING

Pokémon Go craze spawns new economy for helpers



Elisha Dacey
Metro | Winnipeg

Want to hunt more Pokémon more quickly? Want someone to level up your Pokémon Go account? There's a Winnipegger for that.

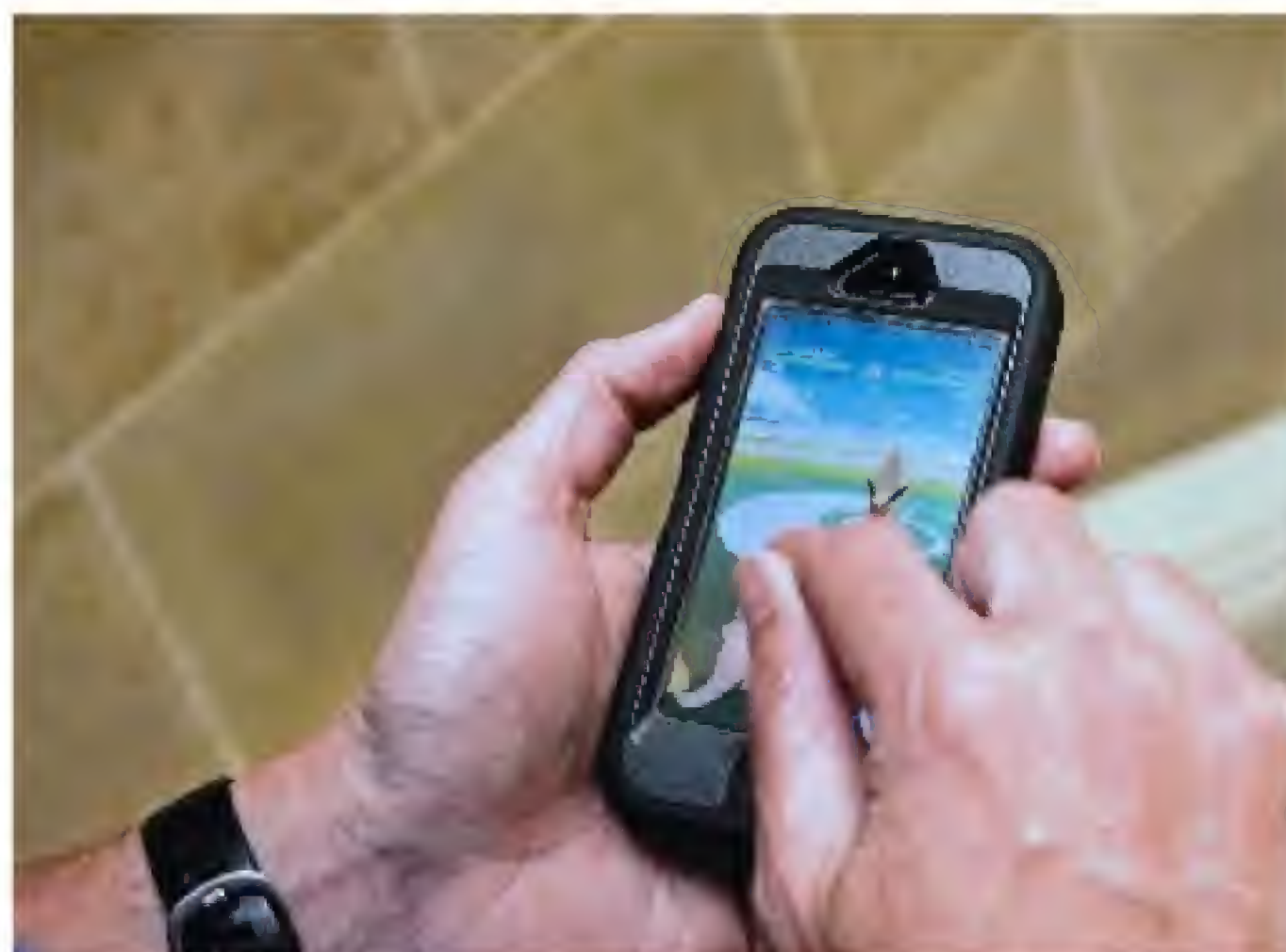
Crafty 'Peggerys are offering their Pokémon Go services to those who just don't have time to bring their Pokémon Go levels up. They've got day jobs, after all. One Winnipegger is selling his Pokémon Go Level 21 account online for a slick \$600.

"Many 1000+ CP Pokémon, Full supply of Great balls and Ultra Balls. Currently have 11 Pokémon in the gym," reads the ad on Kijiji. But that price may go up.

"I'm still playing with this account, and the updates in the Pokémon and the level of trainer will be reflected on [sic] the price."

A few others are offering to drive Pokémon Masters around the city in an effort to catch 'em all.

"Will drive Pokémon mas-



Don't have time to catch all the Pokemon? You can pay someone to help. TORSTAR NEWS SERVICE

ters around the city for \$10 an hour," reads another ad, which at least offers a photo of the driver and a name.

"Check me out on Facebook Nate White, dude that sings and plays guitar. :) I'm a great driver with clean driving record. Catch em all folks."

Another is offering the same service in an 'executive car' for \$20 an hour.

Even one person posted

hoping to find love.

"Handsome Man at the Park Theatre," reads this ad. "Seated



Thought maybe you wanted to Pokemon Go with me.

Kijiji advertisement

to my left at the tables. I was going to give you my number which is not something I do on the regular. Thought maybe you wanted to Pokémon Go with me. (Not my thing, but for you I would.)"

Pokémon Go became available in Canada Sunday, although many had already started playing the game last week through various work-arounds.

FESTIVAL

Fillet of the Fringe: Three you must see

CBC Manitoba and Metro Winnipeg bring you the best of the Winnipeg Fringe Festival. Here are three shows you should definitely check out, as reviewed by CBC Manitoba's team of intrepid fringers.

Bella Culpa

There must be something in the water in Portland. The number of stellar Fringe shows that keep coming out of Oregon is stunning and most welcome. This salute to vaudeville, featuring acrobatics, slapstick and comedic stylings is a treat.

Our two characters, servants in a manor home, attempt to clean — and accomplish anything but. Their imaginations take them on many a journey — lucky for us, we're along for the ride. Their physical comedy and acrobatics had many in the audience gasping.

These two are very good and make it all look effortless. The show is a gift of a bygone time, a homage to the silent film era. And it's family friendly, too — bring the kids.

BRADLEY SWATZKY

Brave Hearts

We all (should) long for a world in which hearts need not be brave, but can just be what they are — without qualification, degradation, segregation or decimation. Meanwhile, we have stories like this one to carry torches for change and tolerance.

No plot summary. I won't deny you any of the pleasure I felt at being drawn in until I was hanging on every moment to figure out just what was up between these characters and

why. Local legend Harry Kintoul's 1991 script about being gay, lonely and alcoholic in rural Canada has lost nothing in 25 years.

Kristian Jordan brings a mercurial magnetism to his mostly-out ranch hand, and Justin Otto achieves a tightrope balance between rage and vulnerability as a mostly-closeted seismologist. Ardith Boxall's direction does what excellent direction should for a contemporary, time-unified script by rendering itself invisible. It's high-octane Fringe. See for yourself. KELLY STIFORA

Gossamer Obsessions: Wilt

What is a "gossamer obsession"? Is it, as our narrators suggest, "an albino bat, wrapped in lace"? Or perhaps "Butter. Just...butter"?

Regardless, Gossamer Obsessions is a weird, sometimes surreal, slightly uneven but bizarrely entertaining hour of sketch.

Wrapped in the framing device of a perversion-obsessed Renaissance-era vicar and his "child bride" introducing a series of "cautionary tales," Gossamer Obsessions offers up everything from a father with a curious approach to discipline to the worst relaxation tape ever to a look at the dreams of crabs.

Some sketches work better than others. But Gossamer Obsessions is continuously smart, laced with clever wordplay and sharp writing, and performers Amy Shostak and Paul Blinov commit themselves to their odd brand of comedy admirably. A worthy obsession for sketch comedy fans. JEFF SCHMIDT

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Giesbrecht's son testifies

TRIAL

Mother never looked like she was pregnant, he says

A woman accused of hiding the remains of six infants in a storage locker never appeared to be pregnant, her adult son testified Monday.

The son, who cannot be identified under a court-ordered publication ban, said many women visited the family's Winnipeg home over the years — a statement under cross-examination that could cast doubt on a key piece of DNA evidence in the Crown's case against Andrea Giesbrecht.

Giesbrecht, 42, was arrested in October 2014 after the remains were found in plastic pails, bins and other contain-

ers in a U-Haul locker she had rented. The judge-only trial has heard it is unclear how long the remains had been there, but some were very decomposed.

Medical experts testified the infants were near full term and likely to have been born alive.

The Crown has also put forward evidence from an RCMP forensic biologist, who testified DNA from the remains matched that of Giesbrecht's husband and a soiled sanitary napkin seized from a bathroom in the Giesbrecht home.

“

We have the right not to answer your questions.

Jeremy Giesbrecht, husband of the accused

Defence lawyer Greg Brodsky asked the son questions about other women who had been in the home where the Giesbrechts lived for more than a decade.

“There have been women, girls in the house?” Brodsky asked.

“Yes,” the son replied.

“You’ve had parties? Like Thanksgiving dinner?” Brod-



The lockers where Giesbrecht is accused of hiding the remains of six infants. THE CANADIAN PRESS

sky followed up.

“Yes,” the son replied again.

There were two bathrooms in the home, and guests frequently used the master bedroom ensuite because the main floor washroom had plumbing problems, the son testified.

When asked by the Crown, and later Brodsky, whether he had ever seen his mother pregnant, the son replied “No.”

In April, a former friend and co-worker of Giesbrecht testified that Giesbrecht hid a 1997 preg-

nancy from friends and family by wearing baggy clothing and frequently talked about self-aborting. Court was also told Giesbrecht had 10 legal abortions between 1994 and 2011.

Earlier Monday, the trial heard from the manager of another storage company that Giesbrecht used between 1999 and 2010.

Karen Bodoano said Giesbrecht initially rented a sizable, heated locker but had only a few items inside, such as pails and

plastic bins. Bodoano testified it was unusual for someone to keep such a small amount of items in such a large locker.

Giesbrecht's husband is expected to testify this week, but had harsh words with Crown attorneys in the courtroom during a break.

“We have the right not to answer your questions,” Jeremy Giesbrecht said loudly before a sheriff's officer was called in to monitor the situation.

THE CANADIAN PRESS

PESTICIDE LEGISLATION

Province seeks your feedback

Braeden Jones
Metro | Winnipeg

The province seeks feedback on legislation that controls the use of non-essential pesticides.

Minister Cathy Cox, responsible for sustainable development, said “the purpose of the legislation is to reduce the exposure of people and pets to herbicides used in lawn care for non-essential or cosmetic purposes.”

Any chemicals not on the “regulated allowable list” can't be displayed or stored on open shelves. All other herbicides are still available, but stores

have to prevent direct access to what the government defines as “prescribed pesticides,” which includes products like Killex or Roundup designed to kill weeds.

The legislation is supposed to encourage other less harmful means of controlling weeds.

Comments and criticism can be submitted to pesticide.review.2016@gov.mb.ca or through an online survey at gov.mb.ca/conservation until Sept. 12.

AIR TRAVEL

NewLeaf starts Edmonton flights

Got a C-note? That'll do for a flight to Edmonton with NewLeaf Travel's new non-stop flight offering.

The company announced Monday their new \$99 “YEG to YWG route” will run Thursdays and Sundays beginning Aug. 21.

In a prepared statement, NewLeaf CEO Jim Young said the

economical route is in response to customer demand.

NewLeaf is headquartered in Winnipeg. It began selling seats with low fares beginning in mid-June after overcoming a number of misfired launches and regulatory hurdles.

Presently, the company works with Flair Airlines to offer cheap

base fares.

It claims cost savings are achieved through flying from smaller airports with lower landing fees, flying a simple “point-to-point network with minimal time between flights,” and making everything from carry-on baggage to call centre assistance an add-on option. METRO

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More information on the settlement can be found at www.cashstorerefund.com.

Loans borrowed in other provinces may also be eligible.

City's bacon industry sizzling

FOOD

\$35M expansion for production of popular meat in St. Boniface



Braeden Jones
Metro | Winnipeg

Winnipeg: Centre of the country. Slurpee capital, and "bacon centre of excellence."

To that latter and most revered accolade, the Government of Manitoba and the federal government are investing \$500,000 in Maple Leaf Food's Winnipeg production facility.

The investment will contribute to the company's \$35-million expansion project for its processing plant in St. Boniface, and see bacon production increase by eight million kilograms annually with new slicing lines and packaging gear.

Federal Agriculture Minister Lawrence MacAulay said the country's growing meat sector is a "great source of pride and prosperity to many Can-

adians," and that investing in that sector will mean "more top-quality Canadian bacon in grocery aisles in Canada and across the world."

"The Canadian Agriculture and AgriFood industry employs one-in-eight Canadians, here in Manitoba the meat industry alone employs 4,500 Manitobans," MacAulay said. "A good number of these jobs are at Maple Leaf Foods' facility right here."

Maple Leaf already employs about 1,400 people in Winnipeg, and ramping up bacon production will create 34 new full-time, permanent positions and 34 part-time jobs.

MacAulay added that the "global demand for protein is growing," and it's his government's goal to make sure Canada is a big part of meeting that demand.

Provincial Agriculture Minister Ralph Eichler said he's happy to see one of his "favourite products" made more widely available.

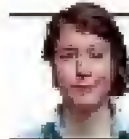
"It's one of those products we'll be able to say, 'that's a made in Manitoba, made in Canada product,'" he said.



Provincial Agriculture Minister Ralph Eichler said the investment announced Monday will add value to the province's agriculture industry, create jobs and strengthen the economy. BRAEDEN JONES/METRO

INFRASTRUCTURE

Bug spray building may be relocated



Stephanie Taylor
Metro | Winnipeg

Winnipeg's home base for mosquito control may be moving to make way for a new Transcona-downtown transit corridor.

The facility, located at 3 Grey St., houses the chemicals and equipment required for the city's anti-bug operations, from mosquito fogging to caterpillar spraying. But a plan to build a new rapid transit corridor to connect Transcona to downtown — and construct a new transit garage — likely means city hall will have to find a new home for its bug headquarters.

Municipal spokesperson Alissa Clark wrote in an email to Metro on Monday that a specialized study will be required to consider the potential relocation of the insect control facility. "Further analysis will need to take place regarding the potential relocation of the Insect Control Branch," she wrote.

2016 Managers of the Year

McDonald's® Canada would like to congratulate Mark Storey, Jonathan Murphy and Josh Odwak for being named the 2016 Managers of the Year. This award is one of McDonald's Canada's top honours and is presented to select Restaurant Managers across the country for consistent, outstanding performance. Congratulations on a job well done!

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Feds take on gender violence

WOMEN'S RIGHTS

Advocate knows how online threats can seep into real life

It's one of the central ironies of Julie Lalonde's life — an advocate for women's rights working to end gender-based violence and harassment, her work has caused her to experience much of the hate she's fighting to eradicate.

"Imagine every day you get up, and there's someone who just yells obscenities at you. You get in your car and you go to work, and while you're doing that they're yelling obscenities at you ... you sit in your cubicle and they're yelling at you and the same thing happens when you walk home," Lalonde said.

But instead of being delivered in person, the obscenities and harassment she gets are mostly sent online — emails, tweets and messages telling her to kill herself, and posting her address for others to find her. Sometimes, the threats turn real as online harassers show up at her events to threaten her to her face.



Julie Lalonde's advocating against gender-based harassment has led to her experiencing it online. TORSTAR NEWS SERVICE

Lalonde is the developer and manager of Draw the Line, a campaign focused on helping bystanders intervene when they see sexual violence. She's also known through her personal women's rights advocacy on social media.

Now, she's hoping that an announcement by Status of Women

Minister Patty Hajdu that the federal government is developing a strategy to curb gender-based violence means she and women like her will see an end to harassment.

The federal government is aiming to prevent this kind of harassment happening in the future. At an event Monday, Hajdu

said the government was launching consultations to develop a strategy against gender-based violence. The strategy will focus on youth and online gender-based violence.

"Although we've made progress ... all of us here today know all too well that we still have a long way to go, particu-

larly when it comes to gender equality," Hajdu said.

Hajdu also announced that funding would be restored to advocacy projects applying under the Women's Program at Status of Women Canada. Advocacy projects saw their eligibility revoked in 2007, a move that saw many women's groups shut down over lack of funding.

The consultations will continue over the summer, and see results in the form of campaigns or legislation starting late 2016 or early 2017, Hajdu said.

Lalonde hopes one of the things that comes out of the consultations is a public campaign teaching the public about the prevalence and danger of online harassment. Beyond that, she wants to see more tools to enable bystander intervention — where people support others who are being harassed.

It's the kind of thing that would take away the onus of dealing with harassment from the victims of harassment to the general public. It's something Lalonde also wishes she had.

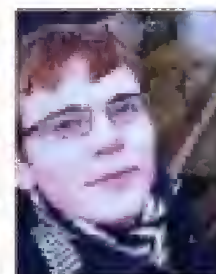
"Why does it have to be me? Why can't I have someone supporting me," she said.

TORSTAR NEWS SERVICE

NICE, FRANCE

No word if student killed

The Ukrainian embassy in Ottawa says one of its citizens died in a deadly truck attack in France last week but won't confirm whether the victim is a missing student studying in Canada.



Misha Bazelevskyy

Mykhaylo (Misha) Bazelevskyy, 22, has permanent resident status in Canada, but was travelling on a Ukrainian passport. Bazelevskyy is a fourth-year bachelor of commerce student at MacEwan University in Edmonton who was in Nice participating in a summer program.

Spokesman Kostiantyn Kostenko says the embassy is still waiting for an official list of victims from French authorities.

"(When) the French authorities present an official list of victims, we'll know if this person is recognized dead or not," he said.

There are still dozens of people who haven't regained consciousness, he added. THE CANADIAN PRESS

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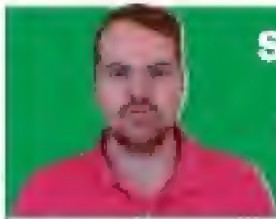
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Tensions rage in Cleveland



STEVEN GOETZ
METRO'S
REPORTER IN
CLEVELAND

The simmering racial and political tensions gripping the U.S. have the city of Cleveland on edge as it hosts the Republican National Convention this week. Metro was on the scene Monday as two demonstrators from the opposing camps confronted each other over a barrier formed by armoured police. Every day this week, Metro will take you behind the scenes to bring you the faces, stories and issues of the people at the convention.

CAMRY KINCAID

Cleveland native Camry Kincaid was one of the demonstrators confronted by "Brother Jim's" megaphone.

Along with a dozen others, Kincaid led a chant of "Black Lives Matter," effectively drowning out the evangelist's words.

"It felt good yelling so loud no one could hear their hate," Kincaid told Metro. "What people heard was that we matter."

Kincaid said the recent killings of unarmed black men and the murder of police officers in Baton Rouge and Dallas was a wake-up call to the deep divide in the city and country.

"I fear for my life right now, even amongst all these people and the cops here," Kincaid said. "I feel like at any minute, I could find my-



Cleveland native Camry Kincaid, 19, joined a dozen others to chant "Black Lives Matter" at a group of evangelists led by "Brother Jim." STEVEN GOETZ/FOR METRO

self with two bullets in my back."

With so much tension, Kincaid said she didn't know

how the country could come together: "They are trying to incite a race war and it looks like we are headed there."

'BROTHER JIM' GILLES

Jim Gilles, an evangelist preacher from Evansville, Ind., told Metro he came to Cleveland to "preach the Gospel to protestors."

Well known in evangelical circles for his confrontational tactics, "Brother Jim" took to a megaphone to preach his anti-gay and pro-law enforcement message to hundreds of anti-Trump protestors gathered in a park, just a few blocks from the convention centre.

Standing alongside a half dozen other men carrying banners depicting anti-gay messages, Gilles riled the crowd with homophobic slurs and told them to "follow police instructions" or face the consequences.

"We are a bunch of friends and we get together to preach at events," Gilles said. "We actually helped the police right



"Brother Jim" Gilles confronts anti-Trump protestors in Cleveland with his anti-gay message. STEVEN GOETZ/FOR METRO

there to break up a Black Lives Matter rally."

Gilles was optimistic his efforts and a new Republican president would unite the country.

"The divide ends with Don-

ald Trump being elected and getting law and order back in this country," he said. "We just need to let these people know they can't riot, pillage, steal things, kill people without paying the consequence."

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Tensions still rising as Turkey purge continues

AFTERMATH

Friction with the West boils after failure of military coup

The purging of thousands of alleged plotters of a failed coup raised tensions Monday between Turkey and the West, with U.S. and European officials urging restraint, while Ankara insisted that Washington extradite an exile accused of orchestrating the plot.

Authorities have fired nearly 9,000 police officers, bureaucrats and others, while detaining thousands more alleged to have been involved in Friday night's attempted coup, the state-run Anadolu news agency reported.

Former air force commander Akin Ozturk, alleged to be the ringleader of the uprising, was put under arrest following questioning by a magistrate along with 25 other sus-

pects, the news agency said. Ozturk, who has denied involvement and insisted he had tried to suppress the rebellion, appeared in video from Turkish TV looking bruised with a bandage over his ear.

President Recep Tayyip Erdogan refused to rule out bringing back the death penalty, telling CNN: "There is a clear crime of treason."

"If they accept to discuss it then I as president will approve any decision that comes out of the parliament," he said. He said Turks have been calling for the reinstatement of the death penalty because of the increased terror attacks and demand for swift justice.

Anadolu said 8,777 employees attached to the Interior Ministry were dismissed, including 30 governors, 52 civil service inspectors and 16 legal advisers. Other media reports said police, military police and members of the coast guard also were removed from duty.

THE ASSOCIATED PRESS



A youth salutes during a rally in Istanbul, protesting against the attempted coup on Tuesday. EMRAH GUREL/THE ASSOCIATED PRESS

RETAIL

Walmart kicks off its Visa cards ban

Three Walmart stores in Thunder Bay, Ont., are no longer accepting Visa, the payment company said Monday as it encouraged its customers to take their business elsewhere.

After months of negotiations, Walmart said last month it would eliminate Visa as a payment option at those stores because it believes it pays the retail giant too much in merchant fees. The company has promised to extend the ban on Visa cards to its 400 locations across Canada, though it has not said when that will happen.

Visa, Canada's largest credit card firm, shot back Monday with a message for Walmart

customers.

"Until an agreement can be reached in this commercial dispute, we encourage shoppers to use their cards at the more than 5,200 stores in Thunder Bay that accept Visa," the corporation said in a statement.

"The issue is that credit card fees are too high in Canada. We believe Visa's fees should be lower for everyone, whether they are a large retailer, small retailer or a charity," said Alex Robertson, a Walmart Canada spokesman. "Canadians deserve better than paying a hidden fee that is four times higher than consumers pay in other countries."

THE CANADIAN PRESS

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METRO POLL

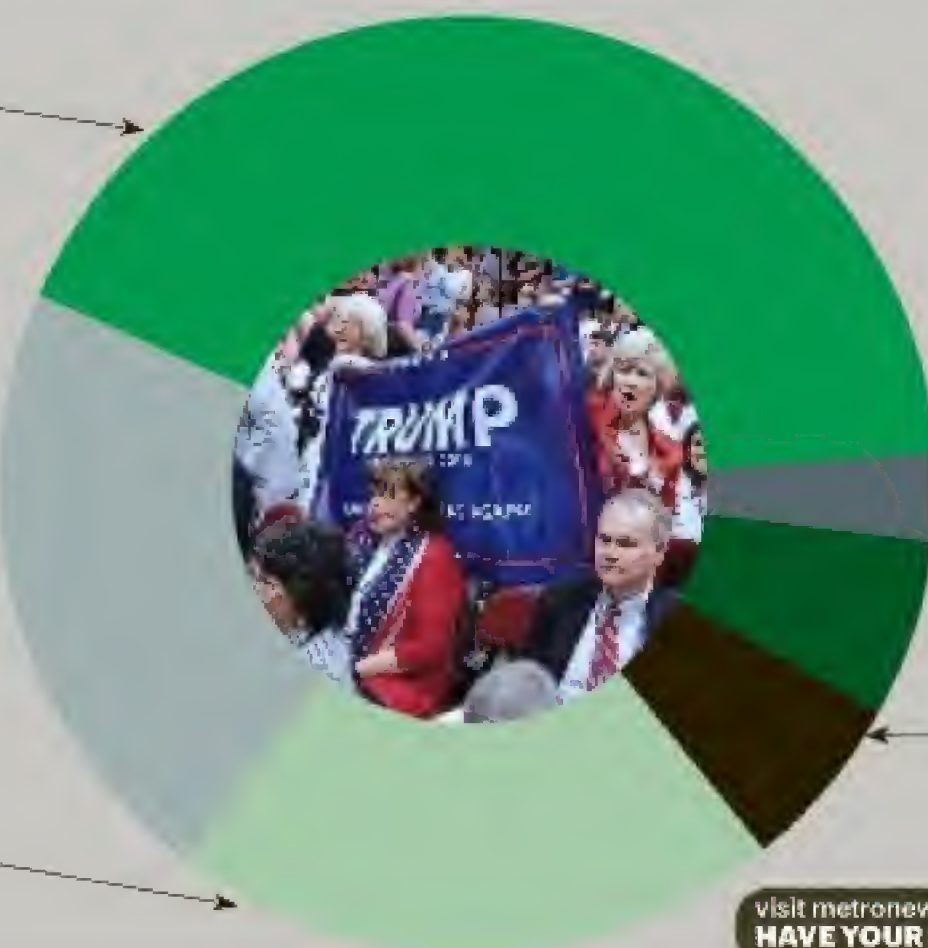
What's the best case in Cleveland?

Republicans have gathered for the party's convention, where Donald Trump will (or at least should) get formally nominated for president and the party's platform will be unveiled. In the current climate, many are fearing the worst. But asked you to tell us what would the best-case scenario look like?

42%
Trump surprises everyone by pulling out of the race

21%
The week passes without serious violence

21%
Trump's nomination gets contested



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HAVE YOUR SAY

ROSEMARY WESTWOOD

A brief message from the Vancouver of the not-too-distant future

Welcome to Vancouver!

We know you'll love your new home, purchased at a mere 50 per cent above last year's selling price! What a deal!

The fact that you've opted for a super-slim micro-development — utilizing that once-dead five-foot space in between houses — proves you're a perfect fit for this city of the future. A land of milk, honey, and a homogenous demographic. Quite literally a billionaire's heaven on earth.

The secret to sublime living here really isn't a secret: This city clicks because our citizens do! Everyone is cut from the same cloth — 1,400-thread-count saaten. The celestial vistas this city offers are priceless, because you can afford them! Like Whistler, but bigger. (We knew that would happen.)

It's an incredible story, but it didn't come easy. For years, Vancouver had the frenzied, messy, kaleidoscope populations so many cities suffer from. Then (by design or ignorance, we're actually not sure which) an unencumbered, globalized and predatory real estate market did what no politician could: It unified the city by throwing out the poor! And the middle-class! And the mildly wealthy! Sorry: Relocated. Someone has to serve your coffee and fill your 3rd floor office space, we agree. You just don't have to live alongside them.

Visit the downtown eastside for a hit of urban realism without any of the actual real

drug use, metal bands and street life that use to be there! No more grit, but a TON of exposed brick.

Ride the city's mountains on hover-craft skis and snowboards while your VR glasses imitate real snow!

Take a jog along the seawall and don't worry about running into kids or cumbersome strollers — most of the city's families moved out years ago (back in 2016 when 60 per cent of families threatened to leave the city, turns out they meant it!).

We think it's a safe bet to assume you're new here (most born here can't stay, never mind the Musqueam, Squamish and Tsleil-Waututh First Nations who actually owned this land).

So here's one last tip: Avoid travel during rush hour, if you can. The public transit system is packed to the gills — no, no, we know you'd never use it! But everyone who used to live here now commutes from service-sector housing an hour away. The trains and buses often break down, but it's not your problem when you're not on them! So just drive one of your four cars outside the hours of 7 to 10 a.m. and 4 to 7 p.m., and you'll find Vancouver is the epitome of luxury living.

Like we said: The most exclusive place on earth!

Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts

A European-style Forks means what, exactly?

INSIDE THE PERIMETER

Shannon VanRaes



Forgive me, but I am always skeptical of design jargon that ends in the word "style."

Enter the newly approved "European-style" development that will take shape at The Forks over the next two and a half decades.

It's a fairly open-ended descriptor given the continent this development aspires to emulate is composed of 50 independent nations and a handful of dependent states. Should Winnipeggers expect the half-timbered icons of Normandy or the concrete jungle of the Parisian suburbs? Or perhaps the reference point here is the crumbling Soviet apartment blocks of Eastern Europe? The last

time I deployed the phrase "European-style" it was to obfuscate a large and obvious design flaw, not improve upon transparency.

Don't get me wrong, I breathed a heavy sigh of relief when the city rejected the idea of massive residential towers in favour of a collection of smaller, lower, more diverse buildings. Highrises would have overwhelmed the space, creating traffic nightmares as pedestrians fled the impersonal abrasiveness of the megastructures.

Yet promises of human scaled buildings, a pedestrian promenade and European-style village fail to comfort this jittery development watcher.

While The Forks has so often been at the forefront of successful urban reclamation, Winnipeg as a city has repeatedly failed

to respect its own heritage and citizens in favour of large-scale development. It's a mixed bag of wins and losses at best.

For me, the name promenade conjures up the poorly lit cobblestone lane behind what is arguably the city's worst attempt at urban revival — Portage Place Shopping Centre. It was another development that probably looked great on paper and included a so-called pedestrian-friendly area, which was no doubt also referred to as European-style at the time it was built.

Yes, the surface parking in our downtown is a blight and more people living in the city's core is exactly what Winnipeg needs to breathe life back into our oldest meeting place. And, yes, I get that European-style is often a stand-in for smaller-scale,

but given the millennia-long history of The Forks as a gathering place for indigenous people it seems more like a sad and unintentional commentary on colonization rather than a selling point.

In the end, time will be the final ingredient in determining the success of the Railyard development.

But given that the development will be leveraged in part by tax-increment financing — essentially grants given to developers in anticipation of future tax revenue — I will be watching the progress closely. Twenty-five years of construction, here we come.

Shannon VanRaes is a Winnipeg-based journalist and photojournalist. She can be reached on Twitter @ShannonVanRaes

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Bachelorette Canada gets an after show with host Jennifer Valentyne



Dating and trying to stay positive

RELATIONSHIPS

The risks of sex with HIV have changed, stigma hasn't

Genna Buck
Metro Canada



After eight years of living with HIV, Jason Cole is used to rejection and ghosting. But it still stings. It happened most recently when Cole was chatting with someone on the same-sex dating app Grindr.

"It was a great conversation. And it got as far as the point where we were talking about meeting up. And I actually brought it up with him: 'Hey, have you had a chance to take a look at my profile? He said 'no,'" said Cole, a writer from Brampton, Ont.

The profile is totally upfront. It says Cole is HIV-positive but undetectable: Thanks to antiretroviral treatment, the virus is under control and at very low levels in the blood.

"I didn't hear from him after that. He blocked me."

It wasn't the first time something like this happened. Like many people living with HIV, Cole faces a lot of stigma from potential partners, plus "ignorant" remarks like "How did you get it?" and "At least you don't have AIDS."

"Very few have been from a place of nastiness. It's from a place of fear," Cole said.



People in treatment are living long and healthy lives with HIV and are unlikely to infect others. But fears of the virus persist. ISTOCK

Those fears — and the stigma that comes with them — are out of step with reality.

Thanks to powerful new drugs, there's a vanishingly small risk of passing HIV to another person through sex if the virus is undetectable in the blood. If antiretroviral treatment is combined with condoms, the danger is close to zero.

You're far, far more likely to get it by having unprotected sex with someone who's in the highly contagious early stages of HIV infection, but doesn't know it yet.

This suggests that the tough HIV talk prior to sex shouldn't

necessarily be "What's your HIV status?" But "When was your last HIV test?" and, if the person is negative, "Are you taking PrEP?"

Pre-exposure prophylaxis or PrEP, known under the brand-name drug Truvada, is a daily medication that dramatically reduces the risk of contracting HIV. (In Canada, it's not approved for HIV prevention, but many doctors will still prescribe it to people at high risk).

Paralyzing fears of having sex with HIV-positive people — no matter how safe it is — persist.

Public health messages about HIV prevention that try to scare



We need to build a community that knows the truth about HIV.

Sarah Chown, executive director, YouthCO

people into safer sex contribute to the stigma, said Sarah Chown, executive director of YouthCO, which supports young people living with the virus in B.C.

And stigma, she said, is actually what's driving the epidemic.

"It makes it harder to access information. It makes it harder to talk to doctors and parents. And it makes it harder to disclose

your status."

"Rejection hurts and it's awful," Chown said. "And it really hurts because we know people with HIV go to great lengths to avoid passing the virus to others."

Being open about your HIV status is not the only way to prevent infecting others, Chown explained. Using condoms, hav-

+ HIV NUMBERS

0
In a study of 888 European couples with one HIV-positive partner in appropriate treatment, this was the number of new infections among the HIV-negative partners.

92%
The reduction in the risk of HIV infection among people taking pre-exposure prophylaxis (PrEP) medication as directed.

75,500
The approximate number of people living with HIV in Canada.

ing a partner on PrEP, being undetectable and choosing not to have penetrative sex also work.

At YouthCO, young people practice disclosing their status with other HIV-positive peers first.

Some kids strategize by gradually telling their friends and potential partners various facts about HIV in the weeks leading up to the disclosure conversation, Chown said.

But the HIV-positive teenagers she's working with today are not having a "substantially different" experience than eight years ago when she started, she said.

"We need to build a community that knows the truth about HIV, and that is supportive and welcoming to people living with HIV."

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TRANSIT TUESDAY

Weekly Transit News Update



SENIORS, GET YOUR PEGGO CARD NOW!

Seniors are the first transit customers to start using peggo, the new electronic fare collection system from Winnipeg Transit. Seniors (65+) can now purchase their re-loadable peggo card in person at any 7-Eleven or Shoppers Drug Mart store, online at WinnipegTransit.com or by calling 311.

Using a peggo card is easy! Simply tap the card directly on the peggo card reader on the farebox, wait for the beep, and go.

Full fare and Youth customers will be able to start using the new peggo fare system starting August 8.

The cost for a peggo card is \$5.00, however, for a limited time, customers can receive a \$5.00 rebate when they register their peggo card and use it on the bus within 90 days of purchase. Visit WinnipegTransit.com or contact 311 for more information. Registering your peggo card provides a number of benefits, including online account management and loss or theft protection.

Customers will have up to 36 fare payment options to choose from, including 24 hour, 3 day, 5 day, 7 day, 14 day, 21 day, 28 day, monthly and annual passes. Winnipeg Transit will continue to offer reduced fares to seniors and students.

There are two types of fares which can be loaded onto peggo cards:

- e-passes – replace paper passes and are valid for an unlimited number of trips during a set number of consecutive days.
- e-cash – replaces paper tickets. Riders can load e-cash onto their peggo cards, which deducts e-cash fares from the card when it is tapped on the farebox. When paying using e-cash, a 75-minute transfer is automatically loaded onto the peggo card so paper transfers are no longer required.

Winnipeg Transit will continue to accept paper passes and tickets while customers transition to the new fare system. Riders will still be able to pay cash fare when boarding.

A comprehensive public outreach and education campaign has been underway since June 10th to help Winnipeg Transit customers adapt to the new fare payment system.

To learn more about peggo, visit WinnipegTransit.com or contact 311.



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12 Tuesday, July 19, 2016

Television **metro LIFE**



JOHANNA SCHNELLER WHAT I'M WATCHING

Sex & drugs & terrific dialogue



Denis Leary plays for laughs as Johnny Rock. CONTRIBUTED

THE SHOW: *Sex & Drugs & Rock & Roll*, Season 2, Episode 1 (FX)
THE MOMENT: Quoting Sammy Hagar

Johnny Rock (Denis Leary), a former guitar god now playing bar gigs, just learned his girlfriend had a year-long affair with his best friend. His drummer Bam Bam (Robert Kelly) consoles him. Sort of.

"Do you know how many chicks out there would love to hook up with me?" Johnny asks.

"None, dude," Bam Bam replies. Johnny gives him a look.

"Yesterday is dead and gone," Bam Bam continues. "Tomorrow, there's no guarantees. Right now is all you got. Right now. It's everything."

A beat of silence. "Are you quoting Sammy Hagar to me?" Johnny asks.

"Am I?" Bam Bam says, shocked. "I am, Van Hagar. I love that guy."

"Bro, we're getting old," Johnny says. "Time's a b—, counting out numbers, both

of us know we ain't getting no younger."

"Springsteen," sighs Bam Bam.

"No!" Johnny yells. "Right now you might need an Alzheimer's test."

"How the hell do you, who's killed so many brain cells, know more lyrics than me?" Bam Bam asks.

"Because I'm a lead singer, OK?" Johnny says. "I could be in a coma and still sing Side One of London Calling."

I don't care how hideous Leary's rock wig is here, he just makes me laugh. He creates shows (this, plus *Sirens* and *Rescue Me*) that are alive with naturalistic, overlapping dialogue, delivered at a speed and a level of sarcasm that sustains the funny.

Only he could combine sexual jealousy, fear of aging, and love for Van Halen-era Sammy Hagar in seamless, wholly believable, screed.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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LEARNING CURVE

Join the club – it will spark friendships and fresh ideas

Life as a college or university student should never be all work and no play. Finding the right balance between downtime, hobbies and study can be tricky but intertwining clubs into your post secondary life can also be very enjoyable when you consider the variety of extracurricular activities available at campuses around the country. Joining a club may even result in you stumbling upon your true calling in life. Most colleges and universities offer a broad range of clubs. These groups may offer something light and enjoyable if you want to switch off and have fun but some also deal with important social and lifestyle issues.

"I sought out extracurricular groups and clubs because it was an interesting way to make new friends and even add value to my

degree," says Jason Garcia, vice president of student life at the student association of Edmonton's MacEwan University. "Another way students get interested is if the club or group is linked to their studies as we have many business groups on campus or if the club is tied in with helping others and volunteering."

If you choose to shun post secondary extracurricular clubs you could be depriving yourself of a better and more diverse resume when life in the workplace rolls around. Additionally, you may not be fully connected with what's going on at your college or university. Not only that but becoming a member of groups also gives you a better idea of where your true passions and strengths lie. Most of all though you will miss out on the sense of community on



ISTOCK

campus that clubs and groups provide. "Social justice is another popular field for students and at MacEwan there is a sexual health club, a feminist group and an LGBTQ group," Garcia continues. "In joining a student group you are able to build on relationships with people who have similar interests who are striving

to make meaningful connections with people. Whether it's for the sake of volunteering or if they study the same thing you do or if you have the same goals. MacEwan has over 90 clubs and I tell new students that getting involved will add a whole new perspective to their time in university."

Find a meaningful career in addictions and community services

The effects of addiction can be deep and persistent, affecting those who are directly suffering from it and their loved ones.

But when someone reaches out a hand to help, that gesture may make all the difference, giving that person the strength to change course.

That's what makes the role of an addictions and community services worker so important.

The role is a good fit for those who are compassionate, empathetic and analytical — a rare combination that allows them to provide both the comfort and the guidance



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that an individual experiencing addiction might benefit from.

The job brings with it the need for an understanding of many diverse theoretical topics, including ethics, indigenous culture, youth issues, human psychology and pharmacology.

You'll also need to understand and have the ability to practice clinical skills including interviewing techniques, relapse prevention and intervention.

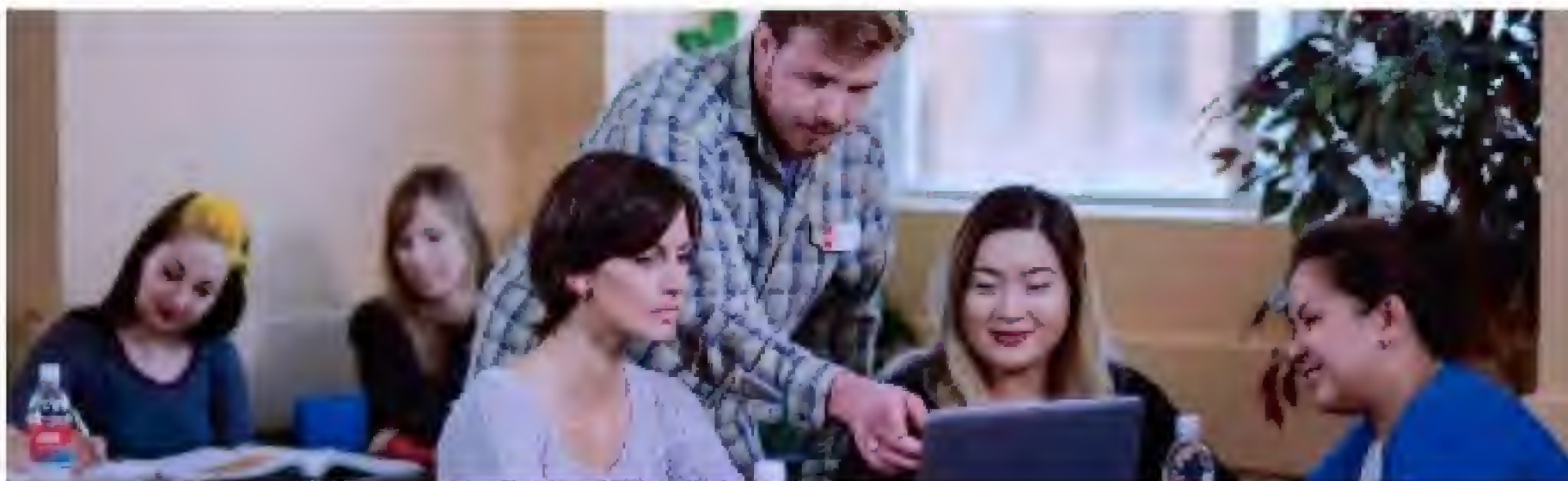
As an addictions and community services worker, you'll have the opportunity to apply your knowledge in many different settings. These include drug treatment and rehabilitation centres, group homes, com-

munity mental health centres, correctional facilities, or a facilities for physically and developmentally handicapped individuals.

To start on your journey toward this rewarding career, learn more about CDI College's Addictions and Community Services Worker diploma program. The educational background it provides will give you the knowledge and first-hand practice you'll need to find work in the field.

For more information on CDI College's Addictions and Community Services Worker Program, call 1-800-360-7186 or visit study.cdicollege.ca.





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Get down to business with right skill set

The business administration program at Robertson College has been developed to prepare students for careers in a variety of different businesses in the marketplace.

The program combines fundamental business and communication skills with specific skills that are highly sought by employers.

"The program is designed for anyone wishing to pursue a career in business," says Wayne Palendat, senior director, Robertson College, Winnipeg Campus.

"The skills learned in this program will prepare graduates to find employment and to advance their careers as experience is gained."

This program is an excellent choice for anyone seeking a future in the business sector.

In addition to the fundamental business skills, the program also teaches students applied business communication skills, one of the most highly sought "soft skills" sought by employers.

Additional business skills in marketing (and e-Marketing), sales and sales management will provide students with a foundation upon which to build a successful career.

"Employers are seeking to hire individuals who combine essential soft skills, such as effective communication, with some relevant and applicable business skills that will allow employees to contribute to the company's success," says Palendat.

"Graduates of the Robertson College business administration program will be well qualified to meet these demands."

Graduates enter the workforce as competent employees who are prepared to assume first-line management roles.

The business administration diploma program is a one-year program offered at Robertson College's Winnipeg campus and offers the flexibility of continuous start dates.

The next class begins on Sept. 12 with classes conducted for 20 hours each week.

The program also includes a practicum (work experience) component, which provides the student with valuable experiential learning.

Robertson College is Manitoba's oldest and largest regulated college and a Robertson diploma is highly regarded by employers in Manitoba and across the country.

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HR student lands plum job before graduating

Rachel O'Connor graduated in June of 2015 from the full-time human resources management diploma program from University of Winnipeg's Professional, Applied and Continuing Education (PACE), having already secured a position at Manitoba Public Insurance (MPI).

"PACE basically led me right into my career," says O'Connor.

She said she found "interesting, stimulating" employment three weeks into an internship she was completing for the program.



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Before coming to PACE, O'Connor was working in the non-profit sector.

"I'd always worked in people-oriented jobs, and I wasn't satisfied," she said.

O'Connor found out about PACE's program by talking to HR professionals who were PACE grads, and quickly determined it was a perfect fit.

She says she benefitted from the "great instructors" at PACE and formed close relationships with her classmates.

She also found the curriculum was relevant and useful to her new position at MPI.

"It gave me an overall good foundation of a lot of different areas of business," says O'Connor.

"Coming into MPI, they were speaking a new language in some cases, especially with a lot of project management terminology. If I hadn't taken the project management course I wouldn't have been as familiar right off the bat."

The full-time human resources management diploma is the highest HR educational credential in Manitoba, outside of a business degree.

This program sets itself apart from its academic competitors by mixing traditional elements of human resource management with a heavy emphasis on leadership, concrete business tools, and effective communication.

The program also aligns its content to industry-recognized standards and best professional practice, earning graduates top scores on their professional designation examinations.

Graduates of this program will attain both a human resources management diploma and a management certificate.

The program is 12 months in length, running Monday to Friday from 9 a.m. until 4 p.m. and includes a four-week internship.

The next start date for this program is Sept. 6 and runs until Sept. 2, 2017.

For more information about the full-time human resources management diploma program at PACE, visit pace.uwinnipegcourses.ca.

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Shutterbugs, here's how you can turn pro

The professional photography program at Red River College is the only program of its kind in Manitoba.

"In addition to having award-winning photographers on staff who will teach the art and science of photography, this is also a program that teaches and prepares students for the business side of photography, which is unique in Manitoba," says Rodney Braun, instructor in the full time professional photography program at RRC, and named Manitoba's Photographer of the Year for 2014 by the Professional Photographers of Canada (PPOC).

Professional photography, a one-year program offered through the School of Continuing Education, is designed to give students a grounding in their knowledge of photography and digital post production, as well as giving them insight into a variety of aspects of the business side of photography and what



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is important in running a small business.

This program has been designed for the student who enjoys photography and wants to go from photography as a hobby to photography as a full or part time career.

"Not only will this program help make our student better in their craft of photography it will also give them an understanding of business and will give them the basic skills required to run a business," says Braun.

In this program, students will learn how to use their cameras to their fullest

potential. They will learn the importance of light to a great image and how to use light to sculpt their subject and create the best possible images.

Students will also learn how to retouch and enhance their images, from portraits to landscapes, and the basics of shooting and editing video.

Students also study and learn a variety of portrait, commercial and landscape photography styles and genres.

Students of this program are introduced

to opportunities to further their experience and learning such as volunteering, and learning about professional photography associations and photography tour events.

The next start date for this program is the last week of August and the program runs until late April.

Course delivery is almost exclusively classroom and lab work with some field trips and many online resources as well.

For more information about this program, visit rrc.ca



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Benefits of massage therapy inspire a big career change

Before enrolling at Wellington College, graduate Andrea Klassen was looking for a career where she could feel as though she was helping people and making a difference.

"I've gone for massage therapy for over 20 years and have experienced first-hand how much it can help," says Klassen.

"I wanted to be able to do that for others."

Klassen says she has always been fascinated by the human body and was always interested in learning more about how it works — making massage therapy the perfect opportunity for her to keep learning as well as put that knowledge to good use.

Prior to enrolling at Wellington College, Klassen worked for Great-West Life as a computer specialist for 14 years before deciding to pursue her career as a registered massage therapist.

"I chose Wellington because of its excellent reputation within the industry as well as its osteopathy-based curriculum," says Klassen.

"The Wellington approach is about much more than just massage."

Throughout the program, Klassen says she

learned treatments for a wide range of dysfunctions that many people wouldn't assume are treatable by RMTs, such as temporal-mandibular joint (TMJ) dysfunctions, carpal tunnel syndrome, rib dysfunctions, and even certain PMS symptoms.

She says she also learned a few things about herself throughout the program.

"I didn't realize how many assumptions I made about people based on their demeanor, appearance, and other superficial things," says Klassen.

"I now understand how chronic pain, depression, Parkinson's, and numerous other conditions can affect the way that someone carries themselves."

Since completing the program in June, Klassen is now a registered massage therapist at the Wellness Institute at Seven Oaks Hospital.

Through her dedication, focus and hard work, Klassen was even named valedictorian for her class.

"I believe that pretty much anybody going through this program can be successful if they're willing to put in the time and energy,"



CONTRIBUTED

says Klassen.

"Just like many others in my class, I had to make sacrifices while going to school but it was all worth it in the end."

Wellington College offers two massage therapy program options: a full-time, two year

program, or a three-year distance education program.

Both programs offer only one intake per year.

For more information, visit wellington-college.com.

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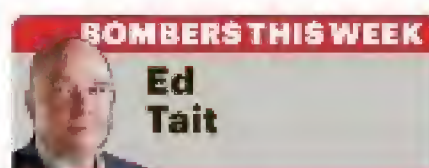
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"I spent a lot of time here on vacation ... I like Canada a lot": Manager Zinedine Zidane, whose Real Madrid worked out in Montreal on Monday



Blue Bombers won't give up on Willy that easily



BOMBERS THIS WEEK

Ed Tait

Take an informal poll on just about any Winnipeg street and Drew Willy will be blamed for everything from a struggling Blue Bomber offence to the Zika virus concerns overwhelming Rio in the weeks leading up to the Olympics.

Some of it is the natural byproduct of a 1-3 start to the season and years of the franchise flailing about in a playoff and championship drought.

This is how it works in pro football. And no one understands that better than Willy, who has completed 72.2 per cent of his passes with five touchdowns and three interceptions and has the sixth-best quarterback rating among CFL starters.

But there's also this: Willy is working with a new offensive co-ordinator in Paul LaPolice and five new starters on offence in Andrew Harris, Jace Davis, Weston Dressler, Ryan Smith (who is now out and replaced by rookie Thomas Mayo) and Jermarcus Hardrick.

Now, whether Bomber fans are willing to give Willy the benefit of a few more games to find some sort of comfort in the new attack or are among the group clamouring for Matt



Drew Willy went 25 for 38 passing with one touchdown toss and two interceptions in the Bombers' 20-16 loss to Edmonton last Thursday night. JOHN WOODS/THE CANADIAN PRESS

Nichols to get a shot truthfully matters not to the man whose opinion matters most on the issue — head coach Mike O'Shea.

And the boss is backing his QB1. After all, there's an old saying that the coach who listens to the fans often ends up sitting next to them.

Asked this week to offer insight as to what he sees in Willy that the outside world does not, O'Shea essentially stepped in front of any slings and arrows to deflect criticism aimed at his pivot.

"I don't know that they're here at practice every day," he said. "I don't know that they're here at 6-6:30 in the morning when he shows up to start his day or if they're here later at night when he's still here getting his treatment."

"I don't know if they spent 11 weeks with him in the training room working his butt off so he could get back from his injury. He's a lot of good things, a lot of intangibles that even the best fans wouldn't see about Drew Willy."

Right or wrong, fair or unfair, that's just how it is in this game. Quarterbacks are always under the microscope, whether they are proven all-stars or Willy. Heck, even future hall of famer Ricky Ray was hearing it after Toronto's icky start.

The easy answer/quick fix here is for the Bombers to simply start winning some games. And do that, they'll need more than just Willy. The offence has been inefficient and was particularly ineffective on first down last week and while the

+ BACKGROUND

Ed Tait is the Blue Bombers director of content. His columns appear weekly in Metro. Follow him on Twitter (@EdTaitWFC) and at bluebombers.com.

defence shone in the win over Hamilton, it has also been inconsistent.

All that often gets overlooked, however, and the man who takes the snap from centre always wears the bulls-eye on his back.

"It always gets put on the quarterback," said O'Shea. "He's the one that gets trotted out here almost on a daily basis. He's the first one the media wants to talk to after a game. He touches the ball on every snap on offence."

"That's the way it is on any pro football team. Fair? Unfair? We don't speak in those terms. I think Drew's a very good quarterback. I really do and in this building we believe that, too."

"So, I guess what goes on on the outside, I don't know if it really matters to tell you the truth."

What matters now is piling up some Ws. Who gets the credit — or the blame — is the least of the worries on Chancellor Matheson Road.

OLYMPICS

WADA calls for Russia ban

A scathing report detailing a complex system of widespread, state-sponsored doping in Russia — a scheme that included government officials tampering with hundreds of positive samples — has led the World Anti-Doping Association to call for the country's outright ban at next month's Rio Olympics.

An independent inquiry headed by Canadian lawyer Richard McLaren alleges a plan to make positive tests in some 30 sports "disappear" was in force in Russia at least from late 2011 to August 2015.

While Monday's report makes no recommendations for any discipline against Russia, saying that is not its mandate, the WADA executive board called on the International Olympic Committee to ban all Russian teams from Rio. WADA also wants Russian government officials to be denied access to international competitions.

The IOC executive is to meet via conference call Tuesday to make that decision, which president Thomas Bach said could include "provisional measures and sanctions with regard to the Olympic Games Rio 2016."

He said in a statement that the report showed "a shocking and unprecedented attack on the integrity of sport," and that it "will not hesitate to take the toughest sanctions available against any individual or organization implicated."

The Russian athletics team is already provisionally banned from Rio based on an earlier WADA investigation, although Russia has launched an appeal.

How the revelations may affect the 2018 FIFA World Cup, which is to be held in Russia, remains to be seen.

THE CANADIAN PRESS

NFL

RB Foster finds new home in Miami

Four-time Pro Bowl running back Arian Foster took a big step Monday in his comeback from a torn Achilles tendon. He found a team.

Foster agreed to terms on a one-year deal with the Miami Dolphins, agent Michael McCartney confirmed on his Twitter account.

Foster, who spent the past seven years with the Houston Texans, was hurt in Game 7 last year against the Dolphins. He paid a free agent visit to



Arian Foster

GETTY IMAGES

the Dolphins in March and accepted an offer after working out for them Monday. Miami was looking to add depth at running back following the loss of Lamar Miller to the Texans in free agency. Jay Ajayi is expected to start after rushing for 187 yards as a rookie last year.

THE ASSOCIATED PRESS

IN BRIEF

Ryan pays for Twins sins

The Minnesota Twins fired general manager Terry Ryan on Monday, with the team holding the worst record in the AL and on pace to lose 100 games this season.

The Twins entered the day 33-58, 21 games out of first place in the AL Central. Only Atlanta had a worse record in the majors.

Ryan said he is leaving with "immense pride in being part of the Twins organization for the better part of three decades."

THE ASSOCIATED PRESS

HACKING SCANDAL

Ex-Cards exec gets 46-month sentence

A federal judge sentenced the former scouting director of the St. Louis Cardinals to nearly four years in prison Monday for hacking the Houston Astros' player personnel database and email system in an unusual case of high-tech cheating involving two MLB clubs.

Christopher Correa had pleaded guilty in January

\$1.7M

Prosecutors say the hacking cost the Astros about \$1.7 million, taking into account how Correa used the Astros' data to draft players.

to five counts of unauthorized access of a protected computer from 2013 to at least 2014, the same year he was promoted to director of baseball development in St. Louis. He was fired last summer and now faces 46 months behind bars and a court order to pay \$279,038 in restitution.

THE ASSOCIATED PRESS

30

The report found evidence of doping in 30 sports, led by track and field and weightlifting. Hockey and Paralympic sports were included, although no athletes were named.

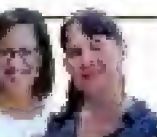
It said Russia adopted a win-at-all-costs mandate after a weak performance at the 2010 Winter Games in Vancouver.

RECIPE Easy Shrimp Tacos



PHOTO: MARY VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada



The combination of textures creates a party on your dinner plate.

Ready in

Prep time: 30 minutes
Total Time: 40 minutes
Serves: 4

Ingredients

- 1 lb peeled, deveined shrimp
- 1 Tbsp olive oil
- 3 cloves of garlic, minced
- 1 tsp cumin
- 1/2 tsp chili powder
- 1/4 tsp salt
- 8 tortillas
- 3 Tbsp lime juice
- 1/4 head of red cabbage
- 2 Tbsp lime juice
- 4 Tbsp sour cream
- 2 Tbsp lime juice
- A good pinch of salt
- Sliced radishes, avocado

Directions

1. Peel and devein shrimp and

rinse under cold water. In a shallow bowl, mix oil, garlic, cumin, chili, salt and toss in shrimp. Refrigerate for 15 minutes.

2. Preheat oven to 200 degrees. Wrap tortillas in damp paper towel, place in oven. Slice the cabbage and toss in a bowl with 3 Tbsp lime juice, olive oil and salt to taste. In a small bowl, mix the sour cream, 2 Tbsp lime juice and a pinch of salt to make a crema.

3. Heat a skillet to high, add a little olive oil. Add half of the shrimp. Cook until you see pink around the edges. Flip them over and cook for a couple minutes until shrimp are pink and opaque. Repeat with second batch.

4. Place shrimp, crema, tortillas, cilantro, salsa, sliced radishes and avocado on table and let people build their own tacos.

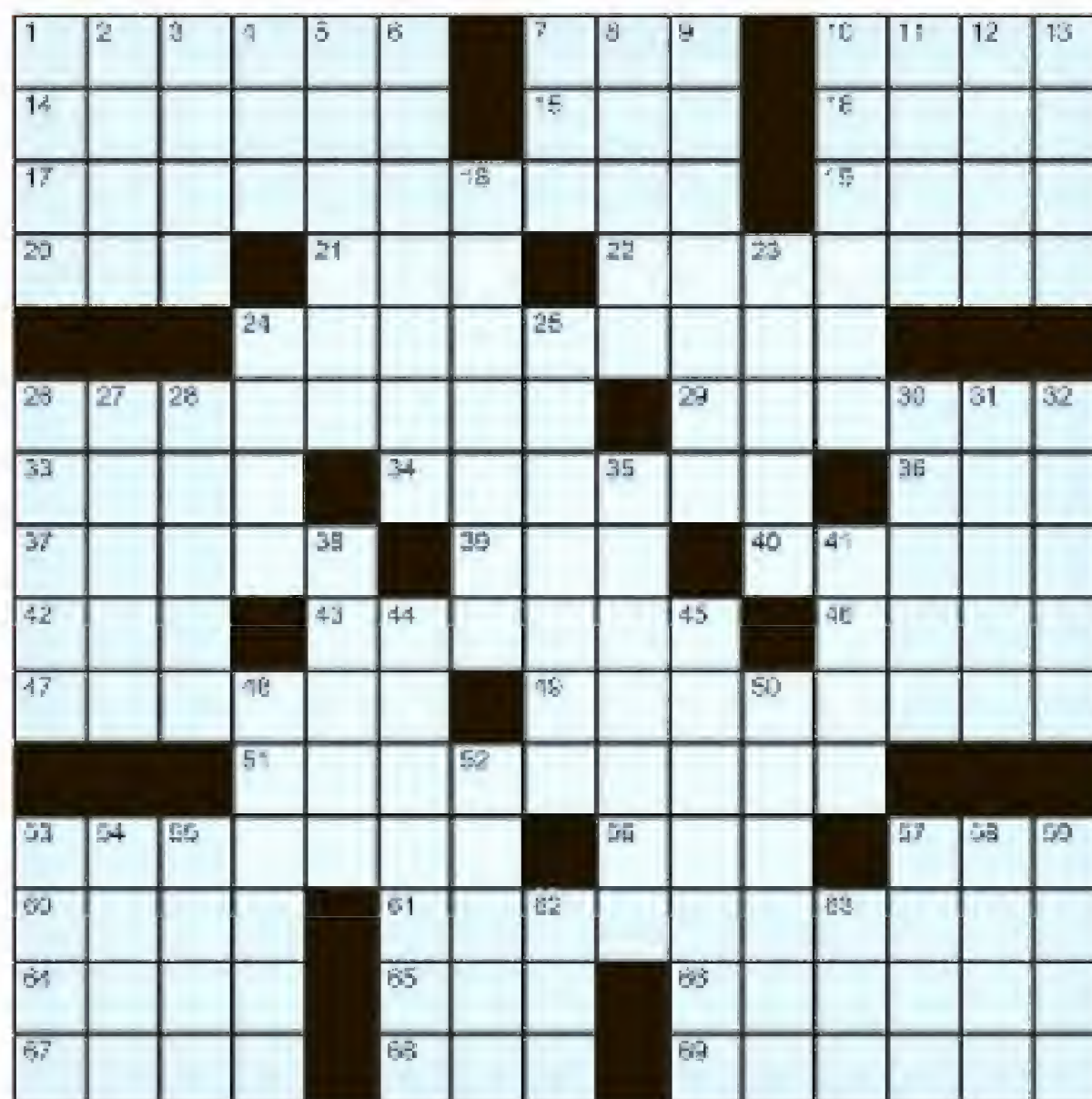
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Fortify food
7. Egyptian _ (Cat breed)
10. RBI, e.g.
14. German author of The Sorrows of Young Werther
15. Dada artist Jean
16. "Enid" songwriters, _-Robertson
17. Ancient-style sandals
19. Doorway sign
20. Roman sun deity
21. _-washed jeans
22. Niagara-on-the-Lake export: 2 wds.
24. Canadian fashion label launched in 2014: 3 wds.
26. Carmen aria
29. Ground-to-roof contraption
33. Macy Gray hit: 2 wds.
34. Sounds
36. Fruity beverage
37. "Good _" - Charlie Brown
39. "Motor" suffix
40. RCMP ride
42. Mr. Bellows, Canadian star
43. Rik _ , Toronto-born member of "Lay It on the Line" band Triumph
46. 25th spelled-out letters
47. 1892 Montreal-founded tea
49. Canadian painter, Jean Paul _ (b.1923 - d.2002)
51. Menu item: 2 wds.
53. Uniquely-titled 1995 adventure movie starring Robin Williams
56. CFL feats
57. Queen guitarist Brian
60. 1967: "Get _" by The Esquires
61. Hockey book by former Prime Minister Stephen Harper: 3 wds.
64. Nero's 402



ring Robin Williams

55. CFL feats
57. Queen guitarist Brian
60. 1967: "Get _" by The Esquires
61. Hockey book by former Prime Minister Stephen Harper: 3 wds.
64. Nero's 402

65. "Evita" (1996) role

66. Render a rant: 2 wds.
67. 1990s nu-metal band
68. "The War of the Roses" (1989) leading lady ...her initials-sharers

69. Beau and Jeff's dad, and namesakes

DOWN

1. Bad _ (Putrid people)
2. _ contendere (Court plea)
3. Actual
4. " _ be an honour."

5. Contribute: 2 wds.

6. Boost/uplift
7. Psychedelic jacket
8. Antiperspirant brand
9. High-end
10. Released the volcanic lava
11. Andy Kauf-

- man sitcom
12. Opposit
13. Head: French
18. The _ Capital of British Columbia (Nickname for Victoria)
23. Internet money
24. Showbiz star Danny
25. Hammer-with-prop workers
26. _ Boson, 'The God Particle'
27. Glass-ceiling lobbies
28. _ Building (NYC's songwriting landmark)
30. Ms. Hannah
31. Bygone car named after Henry Ford's son
32. Ms. Wither-spoon
35. Satisfy with sustenance
38. Placed, as paper to the shredder: 2 wds.
41. Needed to pay back
44. Canadian brand of 'Premium Apple Lager': 2 wds.
45. Revealed everything: 2 wds.
48. Neat _ _ _ (Tidy)
50. Delicate water-colour
52. " _ Is Enough"
53. Athlete, in slang
54. Reverse
55. Alaska's famous Glacier
57. Jesus' mom
58. During
59. Sures, informally
62. _ judicata (Settled court matter)
63. '60s lettered car

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a tricky day indeed. Be very careful about your relationships with authority figures — bosses, parents, teachers, VIPs and the police. Be courteous. (Don't quit your day job.)

Taurus April 21 - May 21
Avoid controversial subjects like politics, religion and racial issues today. Meanwhile, expect travel plans to be canceled, changed or rescheduled.

Gemini May 22 - June 21
Double-check your bank accounts and expect sudden changes or errors in matters related to inheritances, shared property, insurance issues and debt. Nothing is reliable today.

Cancer June 22 - July 23
Today the only Full Moon opposite your sign all year is taking place. This is just one reason you might be at sixes and sevens when dealing with partners and close friends. Patience.

Leo July 24 - Aug. 23
Matters at work will not go smoothly today, which means you have to be patient with co-workers. Avoid power struggles; just go with the flow.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your children or children you work with. Therefore, you must be vigilant. (Romantic partners must be patient with each other as well.)

Libra Sept. 24 - Oct. 23
Your home routine will be interrupted today. Do what you can to avoid domestic arguments. Small appliances might break down. Expect the unexpected.

Scorpio Oct. 24 - Nov. 22
This is an accident-prone day for your sign, so pay attention to everything you say and do. Be careful and think before you speak.

Sagittarius Nov. 23 - Dec. 21
Financial matters are unpredictable today. You might find money; you might lose money. If shopping, count your change, save your receipts and check your bill.

Capricorn Dec. 22 - Jan. 20
Today the only Full Moon all year that is in your sign is happening. This can make relations with partners and close friends upsetting and too emotional. Easy does it.

Aquarius Jan. 21 - Feb. 19
Expect changes at work and in your daily routine. Even your health might cause you concern. (Things will be more normal in 48 hours.)

Pisces Feb. 20 - March 20
A friend might shock you or do something unexpected today. Alternatively, you might meet someone who is a real character. Be careful dealing with others today.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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Pharmacy Technician

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Accounting Specialist
Administrative Professional*
Business Administration
Legal Assistant*
Logistics & Supply Chain Management*
Project Management*
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